

**AHA Inc. Approved
Level I
Treatment Principles Course**

**March 1, 2, 3, 4 2012
9am-5pm**



HOSTED BY:

Hoofbeats with Heart

**43491 N Coyote Rd San Tan Valley
AZ85140**

www.hoofbeatswithheart.org
info@hoofbeatswithheart.org

Hoofbeats with Heart
P.O. Box 2098
Higley, AZ 85236



Place
Stamp
Here

Registration Form

Registration Deadline - Feb 23, 2012

NAME _____

ADDRESS _____

CITY _____

STATE _____ ZIP _____

PHONE: DAY _____

PHONE: EVENING _____

Profession/License# _____

EMAIL _____

Special needs - health restrictions/diet/etc. _____

Please register me for the following:

_____ Treatment Principles* - \$360

Make checks payable to: Hoofbeats with Heart

*Prerequisite for the Treatment Principles is the completion of Equine Skills. If Equine Skills is not completed, a signed waiver must be submitted by the registration deadline of Feb 23, 2012

For further information on the workshop, please contact Phil or Kelley at :480 323 5587 or 602 421 7718

email info@hoofbeatswithheart.org

Mail to: *Equine & Program Director
Hoofbeats with Heart
P.O. Box 2098
Higley, AZ 85236*

Registration Information

Registration is limited. The deadline is Dec 24th 2011.

The cost of the course is \$360.00 Refunds, minus a \$30 administration fee, will be granted only upon written request. Snacks/drinks/lunch will be provided, AHA manuals will need to be purchased on the day of the course. Hoofbeats with Heart reserves the right to cancel the course for insufficient registration.

During the course(s) you will be on and/or working directly with the horses. You will be asked to sign a release of liability for Hoofbeats with Heart. For mounted activities, helmets will be provided. Wear closed toe shoes/boots for safety. If your weight exceeds 180lbs., you will be excused from the mounted portion of the course. Because we will be outdoors in the AZ sun, please be prepared with sunscreen or for any type of weather. If you have any special needs such as physical accommodations or health restrictions which may limit your physical participation in the workshop, please indicate these on the registration form.

Level I - Equine Skills Course

*Prerequisite for the Treatment Principles is the completion of Equine Skills. If the Equine Skills are not completed, a signed waiver must be submitted by the registration deadline of Jan 5th 2012.

Equine skills will take place for those who do not meet the waiver criteria on Thurs and Friday Jan 12 and 13. Therapy professionals trying to acquire Level 1 status may waive taking the Equine Skills Level 1 course if they have documentation of horse skills such as: Pony Club Levels, NARHA Registered Instructor, USDF Bronze medal. In addition, an applicant may submit a skills list, signed by a horse professional that shows basic equine skills. This form can be obtained from the

AHA Coordinating Faculty and will be reviewed to determine if Level 1 Equine Skills can be waived by the AHA Coordinating Faculty.

Please contact Kelley Hullihen directly at (602) 421 7718 for information regarding the AHA Waiver Request Form.

Level I Treatment Principles Course

Level one treatment principals will take place on Sat and Sunday Jan 14 and 15th.

This 2 day curriculum is designed for entry level therapists (PT, OT, SLP, COTA, PTA) utilizing HPOT as a treatment strategy. Therapeutic riding instructors, administrators and others interested in HPOT principles are welcome to attend. The curriculum may be utilized only under conditions set by AHA, Inc.

Course Objectives include:

- Know and understand the definition of Hippotherapy.
- Understand how the horse's movement affects human systems - A System's Approach.
- Describe possible responses of a patient to the movement of the horse's walk.
- Describe the unique contributions of the horse's movement as a treatment strategy and potential benefit for the patient.
- Understand the importance of the hippotherapy horse's suitability and movement.
- Describe the appropriate methods of horse handling during a hippotherapy session.
- Describe the selection and use of hippotherapy equipment for the horse and patient.
- Identify all factors that contribute to safety in the hippotherapy session.

- Identify key considerations for patient selection for hippotherapy including specific contraindications and precautions.
- Describe the key elements of patient evaluation and treatment planning.
- Describe methods of maximizing effects of hippotherapy, including school figures and movement progressions.
- Describe safe methods of transitioning on and off the horse.
- Have a working knowledge of potential emergencies and appropriate procedures.
- Describe the roles of the hippotherapy team members.
- Understand the business aspects related to hippotherapy including documentation, record keeping, reimbursement issues and insurance.
- Demonstrate kind and humane treatment of the horse at all times.

AHA Faculty

Karen Gardner

Karen Gardner is a co-Team Leader for Therapy and Education at the JoyRide Center. She has a Master's degree in Occupational Therapy from Texas Woman's University and is a Hippotherapy Clinical Specialist (HPSC) and a NARHA Master Level Therapeutic Riding Instructor and Level II Driving Instructor. Karen is an adjunct professor at Lone Star College, teaching pediatrics in the OTA Department. Karen has over 20 years of experience with all special needs populations, specializing in hippotherapy, sensory integration and neurodevelopmental based treatments. She also utilizes Floortime strategies for special populations.

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In addition to being part of the JoyRide Center Team in Magnolia, Texas, Karen is also a Faculty member for the American Hippotherapy Association, teaches courses throughout the year, and is a past President of AHA.